

Important Questions	Answers	Why This Matters:
What is the overall <u>deductible</u> ?	\$300 per Individual/\$900 per family.	Generally, you must pay all of the costs from <u>provider</u> up to the <u>deductible</u> amount before this plan begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your <u>deductible</u> ?	<b>Yes.</b> Emergency care, in-network Urgent care, prescription drugs; plus in-network office visits and preventive care from network providers are covered before you meet your <u>deductible.</u>	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this plan covers certain <u>preventive</u> services without cost sharing and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <u>https://www.healthcare.gov/coverage/preventive-care-benefits/</u> .
Are there other deductibles for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	<u>Medical</u> : <b>\$1,500</b> per Individual / <b>\$4,500</b> per family. <u>Prescription Drugs</u> : <b>\$1,500</b> per Individual / <b>\$4,500</b> per family.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket</u> <u>limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket limit</u> ?	Premiums, <u>balance-billed</u> charges, health care this plan does not cover and penalties for failure to obtain <u>preauthorization</u> for services.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .
Will you pay less if you use a <u>network provider</u> ?	<b>Yes</b> . See <u>www.aetna.com/docfind</u> and select Aetna Choice® POS II (Open Access) network <u>http://www.premera.com/</u> for a list of <u>network providers.</u>	This <u>plan</u> uses a provider <u>network</u> . You will pay less if you use a <u>provider</u> in the plan's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the provider's charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ? 2650.000 doc fk29ij01g7	No.	You can see the <u>specialist</u> you choose without a referral.

All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies. 

		What Yo	u Will Pay	Limitations Executions 2 Other	
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
	Primary care visit to treat an injury or illness	- \$30 <u>copay</u> /visit <u>deductible</u> does not apply;	\$30 <u>copay</u> /visit plus amounts over UCR <u>deductible</u> does not apply;	Chiropractic limited to 20 visits per calendar year.	
If you visit a health care provider's office or	<u>Specialist</u> visit			Massage therapy limited to 12 visits per calendar year. Massage therapy is not subject to <u>deductible</u> and covered up to \$80 per visit subject to <u>copay</u> and <u>coinsurance</u> .	
clinic	Preventive care/screening/ immunization	No Charge <u>Deductible</u> does not apply.	Plan pays the usual customary and reasonable charges ("UCR"). You pay the balance that exceeds the UCR.	You may have to pay for services that aren't <u>preventive</u> . Ask your <u>provider</u> if the services you need are preventive. Then check what your <u>plan</u> will pay for.	
	Diagnostic test (x-ray, blood work)	20% <u>coinsurance</u>	30% <u>coinsurance</u> for hospital facility; 20%	Diagnostic services provided by an out-of- network provider at an in-network facility will be covered as though in-network.	
lf you have a test	Imaging (CT/PET scans, MRIs)		coinsurance for free standing facility plus amounts over UCR		
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at caremark.com	Generic drugs	\$5 <u>copay</u> /prescription, <u>deductible</u> does not apply: (retail and mail order)	\$5 <u>copay</u> and 30% <u>coinsurance/</u> prescription <u>deductible</u> does not apply:(retail)	Covers 30 day supply (retail), 31-90 day	
	Preferred brand drugs	Greater of \$5 or 20% of the negotiated charge, not to exceed \$80/ prescription, <u>deductible</u> does not apply (retail and mail order)	Copay of the greater \$5 or 20% of the negotiated charge, not to exceed \$80 and 30% <u>coinsurance</u> of negotiated charges/prescription (retail)	supply (mail order). Includes contraceptive drugs & devices obtainable from a pharmacy, oral fertility drugs. No charge for preferred generic FDA-approved women's contraceptives in-network. Review your formulary for prescriptions requiring precertification or step therapy for coverage. Your cost will be higher for choosing Brand over Generics.	
	Non-preferred brand drugs	Greater of \$5 or 35% of the negotiated charge, not to exceed \$140 /prescription, <u>deductible</u> does not apply (retail and mail order)	Copay of the greater \$5 or 35% of the negotiated charge, not to exceed_\$140 and 30% <u>coinsurance</u> of the negotiated charge/prescription,(retail)		

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		What You Will Pay		Limitations, Exceptions, & Other	
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Important Information	
	Specialty drugs	30% coinsurance	Not Covered	30-day supply maximum.	
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	20% coinsurance	30% coinsurance and amounts over UCR	None	
surgery	Physician/surgeon fees	20% coinsurance	30% <u>coinsurance and</u> amounts over UCR	None.	
	Emergency room care	\$100 <u>copay</u> /visit <u>deductible</u> does not apply	\$100 <u>copay</u> /visit <u>deductible</u> does not apply	No coverage for non-emergency use. Emergency services provided in response to an emergent condition will be covered the same at in-network or out-of-network facilities.	
If you need immediate medical attention	Emergency medical transportation	20% coinsurance	20% coinsurance and amounts over UCR	No coverage for non-emergency transport.	
	Urgent care	\$50 <u>copay</u> /visit and 20% coinsurance	\$50 <u>copay</u> /visit and 30% <u>coinsurance and amounts</u> <u>over UCR</u>	No coverage for non-urgent use. Emergency services provided at an out-of- network Urgent Care facility will be covered as though in-network.	
If you have a hospital	Facility fee (e.g., hospital room)	\$200 <u>copay</u> /visit and 20% coinsurance	\$200 <u>copay</u> /visit and 30% <u>coinsurance and amounts</u> <u>over UCR</u>	Penalty of \$400 for failure to obtain <u>preauthorization</u> for out-of-network care.	
stay	Physician/surgeon fees	20% coinsurance	30% coinsurance and amounts over UCR	None.	
lf you need mental health, behavioral health, or substance	Outpatient services	Office & other outpatient services: \$30 <u>copay</u> /visit <u>deductible</u> does not apply	Office & other outpatient services: \$30 <u>copay</u> /visit <u>deductible</u> does not apply_ <u>and amounts over UCR</u>	None.	
abuse services	Inpatient services	20% <u>coinsurance</u> after \$200 <u>copay</u> /stay	30% <u>coinsurance after</u> <u>\$200 copay/stay and</u> <u>amounts over UCR</u>	Penalty of \$400 for failure to obtain <u>preauthorization</u> for out-of-network care.	
lf you are pregnant	Office visits	No charge for preventive services. \$30 <u>copay</u> /visit for non-preventive services. deductible does not apply	For preventive services, Plan pays the usual customary and reasonable charges ("UCR"). You pay the balance that exceeds the UCR. \$30 <u>copay/</u> visit for non-preventive <u>deductible</u> does not apply.	<u>Cost-sharing</u> does not apply for <u>preventive</u> <u>services</u> . Depending on the type of services, a <u>copayment</u> or <u>coinsurance</u> may apply.	

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		What You Will Pay		Limitations, Exceptions, & Other	
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Important Information	
	Childbirth/delivery professional services	20% coinsurance	30% coinsurance and amounts over UCR	Penalty of \$400 for failure to obtain <u>preauthorization</u> may apply to out-of-network	
	Childbirth/delivery facility services	20% <u>coinsurance</u> after \$200 <u>copay</u> /stay	30% <u>coinsurance after</u> <u>\$200 copay/stay and</u> <u>amounts over UCR</u>	care when in excess of maximum stay requirements for maternity services.	
	Home health care	20% coinsurance	30% coinsurance and amounts over UCR	Penalty of \$400 for failure to obtain <u>preauthorization</u> for out-of-network care.	
	Rehabilitation services	\$30 <u>copay</u> /visit <u>deductible</u> does not apply	\$30 <u>copay</u> /visit <u>and</u> <u>amounts over UCR</u> <u>deductible</u> does not apply	30 visits/calendar year for Physical, Occupational & Speech Therapy combined. Visit limit does not apply to medically	
If you need help recovering or have other special health needs	Habilitation services	\$30 <u>copay</u> /visit <u>deductible</u> does not apply	\$30 <u>copay</u> /visit <u>and</u> <u>amounts over UCR</u> <u>deductible</u> does not apply	necessary treatment of a mental health condition.	
	Skilled nursing care	20% <u>coinsurance</u> after \$200 <u>copay</u> /stay	30% <u>coinsurance and</u> amounts over UCR after \$200 copay/stay	60 days/calendar year. Penalty of \$400 for failure to obtain <u>preauthorization</u> for out-of-network care.	
	Durable medical equipment	20% <u>coinsurance</u>	30% <u>coinsurance and</u> amounts over UCR	Limited to 1 <u>durable medical equipment</u> for same/similar purpose. Excludes repairs for misuse/abuse.	
	Hospice services	20% <u>coinsurance</u> after \$200 <u>copay</u> /stay for inpatient; 20% <u>coinsurance</u> for outpatient	30% <u>coinsurance and</u> amounts over UCR after \$200 copay/stay	Penalty of \$400 for failure to obtain <u>preauthorization</u> for out-of-network care.	
	Children's eye exam	No charge	Costs in excess of \$102	1 routine eye exam/12 months. Vision coverage provided through Vision Service Plan ( <u>www.vsp.com</u> ).	
If your child needs dental or eye care	Children's glasses	No charge	Costs in excess of \$108 for frames, \$39 for single vision, \$62 bifocal lenses, \$80 trifocal lenses	\$200 maximum/12 months. Vision coverage provided through Vision Service Plan ( <u>www.vsp.com</u> ).	
	Children's dental check-up	Not covered	Not covered	None - Covered under Active Dental Plan only	

Services Your <u>Plan</u> Generally Does NOT Cover ((	Check your policy or <u>plan</u> document for more information and a list of any other <u>excluded services</u> .)
<ul> <li>Bariatric surgery</li> <li>Cosmetic surgery</li> <li>Dental care (Adult &amp; Child)</li> <li>Hearing aids</li> </ul>	<ul> <li>Long-term care</li> <li>Non-emergency care when traveling outside the U.S.</li> <li>Over the counter Foot Orthotics and orthotics for dependents and retired employees</li> <li>Private-duty nursing</li> <li>Routine foot care</li> <li>Weight loss programs – Except for required preventive services.</li> <li>Work related injuries or illnesses</li> </ul>
Other Covered Services (Limitations may apply t	o these services. This isn't a complete list. Please see your <u>plan</u> document.)
<ul><li>Acupuncture</li><li>Chiropractic Care (20 visits/calendar year)</li></ul>	<ul> <li>Foot orthotics for Active Employees only, limited to \$200 per calendar year</li> <li>Infertility treatment – Limited to the diagnosis &amp; treatment of underlying medical condition.</li> <li>Massage</li> <li>Routine eye care (Adult) – see www.vsp.com</li> </ul>

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <a href="https://www.dol.gov/ebsa/healthreform">www.dol.gov/ebsa/healthreform</a> and Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or <a href="https://www.ceiio.cms.gov">www.ceiio.cms.gov</a>. Other coverage options may be available to you, too, including buying individual insurance coverage through the <a href="https://www.HealthCare.gov">Health Insurance Marketplace</a>. For more information about the <a href="https://www.Marketplace">Marketplace</a>. For more information about the <a href="https://www.Marketplace">www.Marketplace</a>. For more information about the <a href="https://www.Marketplace">https://www.Marketplace</a>. For more information about the <a href="https://www.marketplace">https://www.marketplace</a>.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform. You may also contact the Trust Administration Office at 1-844-811-6789.

Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Yes

If your <u>plan</u> doesn't meet the <u>Minimum Value Standards</u>, you may be eligible for a <u>premium tax credit</u> to help you pay for a <u>plan</u> through the <u>Marketplace</u>.

## Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-844-811-6789.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-844-811-6789.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

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## About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost-sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby	
9 months of in-network pre-natal care and a	
hospital delivery)	

The plan's overall deductible	\$300
Specialist copayment	\$30
Hospital (facility) <u>coinsurance</u>	20%
Other <u>coinsurance</u>	20%

This EXAMPLE event includes services like: Specialist office visits (prenatal care) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests (ultrasounds and blood work) Specialist visit (anesthesia)

Total Example Cost	\$12,700	
In this example, Peg would pay:		
Cost Sharing		
Deductibles	\$300	
Copayments	\$70	
Coinsurance	\$5000	
What isn't covered		
Limits or exclusions	\$60	
The total Peg would pay is	\$930	

Managing Joe's Type 2 Diabetes (a year of routine in-network care of a wellcontrolled condition)

The plan's overall deductible	\$300
Specialist copayment	\$30
Hospital (facility) <u>coinsurance</u>	20%
Other <u>coinsurance</u>	20%

This EXAMPLE event includes services like: Primary care physician office visits (including disease education) Diagnostic tests (blood work) **Prescription drugs** Durable medical equipment (glucose meter)

Total Example Cost	\$5,600	
In this example, Joe would pay:		
Cost Sharing		
Deductibles	\$300	
Copayments	\$400	
Coinsurance	\$700	
What isn't covered		
Limits or exclusions	\$20	
The total Joe would pay is	\$1,420	

**Mia's Simple Fracture** (in-network emergency room visit and follow up care)

The <u>plan's</u> overall <u>deductible</u>	\$300
Specialist copayment	\$30
Hospital (facility) <u>coinsurance</u>	20%
Other coinsurance	20%

## This EXAMPLE event includes services like:

Emergency room care (including medical supplies) Diagnostic test (x-ray) Durable medical equipment (crutches) Rehabilitation services (physical therapy)

Total Example Cost	\$2,800
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## In this example, Mia would pay:

Cost Sharing	
Deductibles	\$300
Copayments	\$300
Coinsurance	\$300
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$900

The plan would be responsible for the other costs of these EXAMPLE covered services.